

LTP Overview - Subject: Food Technology

Subject Annual Overview

Below highlights the topics/themes that each year will cover over the academic year

Subject	Key Stage/ Year	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	KS3 Lower Year 7 & 8	Healthy Eating	Foods of the world	Health and safety (food poisoning)	Nutrition - Macro nutrients (food for different diets)	Functions of ingredients	Nutrition - healthy desserts
	KS3 Upper Year 9	Healthy Eating	The Eatwell plate	Cooking	Where food comes from	Food commodities and functional characteristics	Nutritional analysis (sensory characteristics)
	KS4 - Year 10 (Qualification) Level 1	Healthy Eating	Cooking	Food science	Consumer awareness	Where food comes from	Food commodities
	KS4 - Year 11 (Qualification) Level 2	1.1 Select and prepare ingredients for a recipe.	1.2 Using cooking skills when following a recipe.	1.3 demonstrate food safety and hygiene throughout the preparation and cooking process.	Fork to fork: Where food comes from food commodities.	2.1 Reflect on own learning about the value of gaining cooking skills	2.2 Identify ways to pass on information about home cooking

