

# Words First Parent Workshop

## Schedule for 2026 - 2027

### **Working Together: How Parents, Schools, and Therapists Can Support Your Child (Words First Service Lead)**

*Learn how to build strong partnerships with schools and therapy teams to make sure your child gets the best possible support.*

**Tuesday 13th October, 12 – 1pm - LSEAT Parent Workshop: Working Together: How Parents, Schools, and Therapists Can Support Your Child (Words First Service Lead) | Meeting-Join | Microsoft Teams**

### **Introduction to Augmentative and Alternative Communication in the Home (Words First Speech and Language Therapists)**

*Learn how Augmentative and Alternative Communication (AAC) can support your child's communication and participation at home.*

**Tuesday 17th November, 12 – 1pm - LSEAT Parent Workshop (live): Introducing Augmentative and Alternative Communication (AAC) at Home (Words First Speech and Language Therapy Team) | Meeting-Join | Microsoft Teams**

### **Building Independence: Everyday Skills and Preparing for the Future (Words First Occupational Therapist & Educational Psychologist)**

*Find out how to support your child in developing self-care skills and independence, from daily routines to preparing for life as a young adult.*

**Friday 29th January, 12 – 1pm - LSEAT Parent Workshop: Building Independence: Everyday Skills and Preparing for the Future (Words First Occupational Therapy & Educational Psychology Teams) | Meeting-Join | Microsoft Teams**

### **Supporting Children and Young People with Feeding Difficulties (Words First Occupational Therapy Team)**

*Learn practical ways to support your child's feeding difficulties by exploring the whole picture, including sensory needs, motor skills, emotional factors, routines, and the home environment.*

**Friday 5th March, 12 – 1pm - LSEAT Parent Workshop: Supporting Children and Young People with Feeding Difficulties (Words First Occupational Therapy Team) | Meeting-Join | Microsoft Teams**

### **Understanding Neurodiversity: What It Means for You and Your Child (Words First Educational Psychologist & Speech and Language Therapist)**

*Discover what neurodiversity really means and how it shapes your child's strengths and needs. This session will help you understand their world and how to celebrate differences.*

**Friday 7th May, 12 – 1pm - LSEAT Parent Workshop: Understanding Neurodiversity, What It Means for You and Your Child (Words First Educational Psychology & Speech and Language Therapy Teams) | Meeting-Join | Microsoft Teams**

### **Helping Your Child Manage Emotions and Sensory Needs (Words First Occupational Therapy & Counselling Teams)**

*Explore practical strategies to support your child when they feel overwhelmed or struggle with sensory experiences. We'll explore ways to create calm and help them feel more in control.*

**Tuesday 15th June, 12 – 1pm - LSEAT Parent Workshop: Helping Your Child Manage Emotions and Sensory Needs (Words First Occupational Therapy & Counselling Teams) | Meeting-Join | Microsoft Teams**